



THE INTERNATIONAL SCIENTIFIC CONFERENCE

The Quality of Health Care and Social Welfare -  
**EDUCATION AND PRACTICE**

14.–15.05.2026., JŪRMALA, LATVIA

**PROGRAM, 14.05.2026.**

**Semarah Hotel Lielupe (space PANORAMA, 10<sup>th</sup> floor),**

Bulduri prospect 64/68, Jūrmala, LV-2010, Latvia

- 9.00-9.45**     **REGISTRATION**  
**9.45-10.00**   **OPENING OF THE CONFERENCE**
- 10.00-10.30**   KEYNOTE SPEAKER  
Associate Professor **Yeter Sinem Uzar Ozcetin**, MSc, PhD, RN.  
**“THRIVING UNDER PRESSURE: EMPOWERING HEALTH CARE PROVIDERS THROUGH PSYCHOLOGICAL RESILIENCE”**  
University College Dublin (UCD), IRELAND
- 10.30-10.50**   Research fellow **Goran Erfani**, PhD.  
**“IDENTIFYING GENERAL PRACTICE WORKFORCE PATTERNS IN ENGLAND: A MACHINE LEARNING TO SUPPORT EVIDENCE-BASED HEALTH AND SOCIAL CARE POLICY”**  
Northumbria University, Newcastle, UNITED KINGDOM
- 10.50-11.10**   Docent **Jolanta Pupure**, PhD.  
**“WORKPLACE VIOLENCE AMONG HEALTH CARE STUDENTS DURING CLINICAL PRACTICE IN LATVIA”**  
P. Stradins Medical College of the University of Latvia, Jūrmala, LATVIA
- 11.10-11.30**   Professor **Fernanda Sofia Brandão**, RT, PhD.  
**“INTERPROFESSIONAL COLLABORATION”**  
Departamento de Tecnologias de Diagnóstico e Terapêutica, CESPU, Porto, PORTUGAL
- 11.30-11.50**   Leading researcher **Aivars Kaupužs**  
**“IMPLEMENTATION AND PROFESSIONAL PERSPECTIVES ON MULTI-SENSORY ENVIRONMENTS IN LATVIA AND LITHUANIA”**  
RTU Rezekne Academy, Rēzekne, LATVIA
- 11.50-12.10**   Dr. **Danguolė Šakalytė**  
**“SIMULATION OF FUNCTIONAL LIMITATIONS AS A FACTOR IN STRENGTHENING PROFESSIONAL EMPATHY IN SOCIAL WELFARE PRACTICE”**  
Utenos Kolegija, Utena, LITHUANIA
- 12.10-12.30**   Masters student **Una Undīne Zelča**, B.sc.  
**“AUTOMATED CAPILLARY REFILL TIME AS A NOVEL TOOL FOR MICROCIRCULATION ASSESSMENT IN INTENSIVE CARE”**  
University of Latvia, Riga, LATVIA
- 12.30-13.30**   **LUNCH BREAK**
- 13.30-14.00**   Professor **Vladimíra Tomečková** RNDr, PhD.  
**“TEAR FLUID AS A PREDICTOR OF DISEASES: A NON-INVASIVE APPROACH TO EARLY DETECTION”**  
Department of Medical and Clinical Biochemistry at the Medical Faculty in UPJŠ in Košice, SLOVAKIA
- 14.00-14.20**   Associated Professor **Elisete Diogo**, PhD, associated professor **Tatiana Casado**, PhD.  
**“STRENGTHEN INTERCULTURAL APPROACHES TOWARDS BLENDED INTENSIVE PROGRAMMES IN HIGHER EDUCATION”**  
Portalegre Polytechnic University, Portalegre, PORTUGAL;  
Universitat de les Illes Balears, Palma, SPAIN

- 14.20-14.40** PhD student **Helen Kool**  
***“CONCEPTUALIZING DIGITAL OVERUSE IN HIGHER EDUCATION: EXPERT PERSPECTIVES FROM ESTONIAN UNIVERSITY SETTINGS”***  
TTK University of Applied Sciences (TTK UAS), Tallin, ESTONIA
- 14.40-15.00** Docent **Liesma Ose**, PhD.  
***“CLIENT DIVERSITY IN HEALTH AND SOCIAL CARE: THE NEED FOR CULTURAL COMPETENCE”***  
University of Latvia, Riga, LATVIA
- 15.00-15.10** Sara Lima, Francisca Pinto, **F. Sofia Brandão**  
***“MINDFULNESS, HAPPINESS, AND WELL-BEING AS PREDICTORS OF WORK ENGAGEMENT AND QUALITY OF CARE IN HEALTHCARE PROFESSIONALS”***  
Departamento de Tecnologias de Diagnóstico e Terapêutica, CESPU, Porto, PORTUGAL
- 15.10-15.20** Associate professor **Neringa Povilaitienė**, PhD.  
***“HELPING OTHERS WITHOUT FORGETTING ONESELF – THE PROBLEM OF PROFESSIONAL BURNOUT FOR A SOCIAL WORKER WHEN WORKING WITH FAMILIES AT SOCIAL RISK”***  
Šiauliai State College, Šiauliai, LITHUANIA
- 15.20-15.30** **Lina Garšvė**, PhD.  
***“FROM THE CULTURE OF SILENCE TO THE CULTURE OF VOICE: THE ROLE OF PLAY THERAPY IN TRANSFORMING CHILDREN'S SOCIAL EXPERIENCE”***  
Šiauliai State College, Šiauliai, LITHUANIA
- 15.30-15.40** **Patricija Strašunskaitė**  
***“HOME-BASED INTEGRATED CARE AS A BUFFER AGAINST SYSTEMIC CRISIS: PATIENT EXPERIENCE EVIDENCE FROM LITHUANIA”***  
Šiauliai State College, Šiauliai, LITHUANIA
- 15.40-16.40** ***DISCUSSIONS, CERTIFICATES, CLOSING***



**CIENTIA EST POTENTIA**  
*/Knowledge is a power/*

**ORGANIZER:**

P. Stradins College of the University of Latvia

**THE MAIN THEME OF THE CONFERENCE:**

well-being and crisis management for individual and organizational sustainability.

**TOPICS:**

1. Stress resilience.
2. The role of leadership in ensuring well-being and overcoming crises.
3. Interprofessional collaboration.
4. Help in critical situations.
5. The work of lecturers in an intercultural environment.

**MEMBERS:**

Specialists in the health and social welfare sector, partners of P. Stradins College of the University of Latvia, social partners, academic staff and students from Latvia and college cooperation