



THE INTERNATIONAL SCIENTIFIC CONFERENCE

The Quality of Health Care and Social Welfare -  
**EDUCATION AND PRACTICE**

14.–15.05.2026., JŪRMALA, LATVIA

**SCIENTIA EST POTENTIA**  
*/Knowledge is a power/*

**ORGANIZER:** P. Stradins College of the University of Latvia

**THE MAIN THEME OF THE CONFERENCE:** well-being and crisis management for individual and organizational sustainability.

**TOPICS:**

1. Stress resilience.
2. The role of leadership in ensuring well-being and overcoming crises.
3. Interprofessional collaboration.
4. Help in critical situations.
5. The work of lecturers in an intercultural environment.

**MEMBERS:** Specialists in the health and social welfare sector, partners of P. Stradins College of the University of Latvia, social partners, academic staff and students from Latvia and college cooperation universities in Europe.

**PROGRAM, 14.05.2026.**

**Semarah Hotel Lielupe**, Bulduri prospect 64/68, Jūrmala, LV-2010, Latvia

1. **KEYNOTE SPEAKER.** Associate Professor **Yeter Sinem Uzar Ozcetin**, MSc, PhD, RN.  
**“THRIVING UNDER PRESSURE: EMPOWERING HEALTH CARE PROVIDERS THROUGH PSYCHOLOGICAL RESILIENCE”**  
University College Dublin (UCD), IRELAND
2. Research fellow **Goran Erfani**, PhD.  
**“IDENTIFYING GENERAL PRACTICE WORKFORCE PATTERNS IN ENGLAND: A MACHINE LEARNING TO SUPPORT EVIDENCE-BASED HEALTH AND SOCIAL CARE POLICY”**  
Northumbria University, Newcastle, UNITED KINGDOM
3. Docent **Jolanta Pupure**, PhD.  
**“WORKPLACE VIOLENCE AMONG HEALTH CARE STUDENTS DURING CLINICAL PRACTICE IN LATVIA”**  
P. Stradins Medical College of the University of Latvia, Jūrmala, LATVIA
4. Professor **Fernanda Sofia Brandão**, RT, PhD.  
**“INTERPROFESSIONAL COLLABORATION”**  
Departamento de Tecnologias de Diagnóstico e Terapêutica, CESPU, Porto, PORTUGAL
5. Associated Professor **Elisete Diogo**, PhD.  
**“STRENGTHEN INTERCULTURAL APPROACHES TOWARDS BLENDED INTENSIVE PROGRAMMES IN HIGHER EDUCATION”**  
Portalegre Polytechnic University, Portalegre, PORTUGAL
6. Professor **Vladimíra Tomečková** RNDr, PhD.  
**“TEAR FLUID AS A PREDICTOR OF DISEASES: A NON-INVASIVE APPROACH TO EARLY DETECTION”**  
Department of Medical and Clinical Biochemistry at the Medical Faculty in UPJŠ in Košice, SLOVAKIA
7. PhD student **Helen Kool**  
**“DIGITAL ADDICTION IN UNIVERSITY STUDENTS”**  
TTK University of Applied Sciences (TTK UAS), Tallin, ESTONIA
8. Docent **Liesma Ose**, PhD.  
**“CLIENT DIVERSITY IN HEALTH AND SOCIAL CARE: THE NEED FOR CULTURAL COMPETENCE”**  
Rīga Stradiņš University, Rīga, LATVIA